



Bolognaise
RECIPE

Bolognaise



Cooking time

30 mins

Preparation time

10 mins

Serves

4

A wholesome bolognaise that is rich with tomato flavor. Repurpose this versatile meat sauce for tacos, pancakes or roosterkoek.

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Ingredients

- 500g lean beef mince
- 2 Tbls oil
- 1 onion, finely chopped
- 1 can tomatoes, chopped
- Royco® Bolognaise Wet Cook-In Sauce

Products used



Bolognaise Wet Cook-In Sauce

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Vegetarian

Replace the beef mince with a combination of brown and red lentils for a textured vegetarian bolognaise.

Family Friendly

This quick and easy bolognaise is a speedy weeknight dinner that can top your kids favourite pasta shape - try shells, twirly-whirlies or bows.

Method

1. In a pan, lightly brown chopped onion and mince.
2. Stir in the contents of the Royco® Bolognaise Wet Cook-In Sauce pouch and add tomatoes.
3. Allow to simmer for 10 mins.
4. Season to taste, serve with cooked pasta and enjoy!
5. • Top with fresh herbs and shaved parmesan.

Recipe Tags

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Lamb Ragu Lasagna

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Cooking time

10 mins

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15 mins

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25-30 mins

Preparation time

5 mins

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10 mins

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Pasta with Creamy Mushroom Sauce

Cooking time

10 mins

Preparation time

15 mins

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