



Salmon and Mushroom Pasta
RECIPE

Salmon and Mushroom Pasta



Cooking time

10 mins

Preparation time

10 mins

Serves

5

A creamy salmon pasta that is delicate in taste and fresh enough for a summer dinner. Our Royco® Sour Cream & Mushroom sauce brings it altogether with heaps of flavour.

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Ingredients

- 500g pasta shells
- 2 packets Royco® Sour Cream & Mushroom Pasta Sauce
- 1 tin salmon, drained and flaked
- 8 spring onions, chopped
- 1 avocado pear, sliced
- 30g parmesan, grated
- 15 ml parsley or dill, chopped

Products used



Sour Cream & Mushroom Pasta Sauce

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Vegetarian

Replace the salmon in this recipe with frozen peas for a fresh and light veggie pasta.

Family Friendly

Your kids will love the bite-size pasta shells that scoop up all the yummy sauce.

Method

1. Cook pasta shells in boiling, salted water until tender.
2. Prepare the 2 packets of Royco® Sour Cream & Mushroom Pasta Sauce according to packet instructions.
3. Add spring onions and salmon, bring to the simmer, to heat through.
4. Divide pasta between 4-5 plates, top with the salmon mixture. Arrange sliced avocado on top, then sprinkle with parmesan and parsley / dill.

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Butternut Risotto with Rocket and Feta

Cooking time

25-30 mins

Preparation time

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Cooking time

35 mins

Preparation time

10 mins

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