

Butternut Risotto with Rocket and Feta **RECIPE**

Butternut Risotto with Rocket and Feta



Cooking time 25-30 mins Preparation time 5 mins Serves

3

A creamy Butternut Risotto prepared to perfection with Royco® Chicken A La King sauce and topped with fresh Rocket and Feta. Share

- Pinterest (opens in new window)
- Facebook (opens in new window)
- Twitter (opens in new window)
- Download (opens in new window)
- Print (opens in same window)

Ingredients

- 1 pk Royco® Wet Cook in Sauce Chicken a la King 415g
- ½ onion, chopped
- 875 ml water
- 250g steamed or roasted butternut
- 10 ml chopped sage (5ml dried)
- 20 ml butter or margarine
- 250 ml Arborio rice
- ½ pk rocket leaves
- 60 g feta

Products used



Chicken a la King Wet Cook-In Sauce

View Product

Vegetarian

This recipe is suitable for vegetarians.

Family Friendly

Risotto requires consistent stirring, so while you're tending to the pot, get the kids to set the table.

Method

1. 1.

Fry the onions and sage in a little butter / margarine until the onions are soft.

2. 2

Add the Arborio rice and stir for 1 minute.

3. 3.

Measure 875 ml (3 $\frac{1}{2}$ cups) of water, add 125ml water and stir on a low heat until the water has almost all been absorbed.

4 4

Continue adding the water, 125ml at a time until the rice is just cooked, this should take about 20 minutes.

5. 5.

Add the roasted or steamed butternut

6. 6.

Add the Royco® Chicken a la King sauce and stir for 1 minute.

7. 7.

Roughly chop the rocket leaves and feta, stir into the risotto. Serve immediately.

8. 8.

Risotto should have a creamy texture with a slight bite. If the risotto is cooked on too high heat you will need to use more water.

Recipe Tags

Wet Cook In Sauce, Plant-Based, Light Meal

Related Recipes

New Project



Stir Fried Curried Beef, Rice and Greens

Cooking time

10 mins

Preparation time

10 mins

View Recipe

Spicy Lentil Curry

Cooking time

45 mins

Preparation time

20 mins

View Recipe



Hot (or Not) Prego Rolls

Cooking time

15 mins

Preparation time

20 mins

View Recipe **x**



The Ultimate Braai Broodjie

Cooking time

20 mins

15 mins
View Recipe
Simple Bacon Carbonara Pasta
Cooking time
20 mins
Preparation time
15 mins
View Recipe ▼
Saucy Meatballs with Pasta
Cooking time
30 mins
Preparation time
5 mins
View Recipe
<u>Lasagna</u>
Cooking time
30 mins
Preparation time
10 mins
View Recipe ▼
Butternut and Potato Bake
Cooking time
50 mins

Preparation time

15 mins

Preparation time

View Recipe
Cape Malay Beef and Cashew Nut Stir-Fry
Cooking time
10 mins
Preparation time
5 mins
View Recipe x
Spinach And Cheese Cannelloni

Cooking time

35 mins

Preparation time

20 mins

View Recipe

Source URL: https://www.royco.co.za/recipe/butternut-risotto-with-rocket-and-feta