Chicken & Mushroom Tagliatelle

Cooking time	15 mins
Preparation time	15 mins
Serves	5

Top Tip: Don't add the pasta to the pot until the water is boiling, this prevents the pasta from sticking together.

Ingredients

- 500 g tagliatelle pasta
- 1 packet Royco® Creamy Mushroom Sauce
- 600 g skinless boneless chicken thighs quartered
- 15 ml butter (OR margarine)
- 15 ml oil
- 1 onion chopped
- 250 g mushroom sliced
- 250 ml grated courgettes
- 4-5 ml hot mustard powder
- 5 ml wholegrain mustard
- A squeeze of lemon juice
- 125 ml milk
- 15 ml parsley chopped

Vegetarian

Replace the chicken in this recipe with a few handfuls of baby spinach.

Family Friendly

The grated courgettes are perfectly disguised for those fussy little eaters.

Method

1. Cook the tagliatelle in boiling water for 6-8 minutes.
2. Prepare the Royco® Creamy Mushroom sauce according to packet instructions.
3. Heat the butter and oil in a pan and brown the chicken thighs quickly. Remove them from the pan.

4. Add the onion to the pan and fry until pale golden. Add the mushrooms, grated courgettes, and fry for 2-3 minutes until cooked.
5. Mix the mustard powder into the whole grain mustard then add to the onions with the Royco® Creamy Mushroom sauce, milk and the chicken. Bring to the simmer.
6. Serve on a bed of tagliatelle, sprinkled with parsley.
7. Squeeze some lemon juice over the meal before serving.

Recipe Tags

Dry Sauces, Chicken, Pasta, Light Meal

Related Recipes



Chicken Tetrizini

Cooking time

35 mins

Preparation time

25 mins



Spaghetti Bolognaise

Cooking time

30 mins

Preparation time

15 mins



Saucy Meatballs with Pasta

Cooking time

30 mins

Preparation time

5 mins

Creamy Chicken and Mushroom Risotto

Cooking time

25-30 mins

Preparation time

10 mins



Penne with a Mediterranean Touch

Cooking time

15 mins

Preparation time

15 mins

Tuna Crumble

Cooking time

25 mins

Preparation time

10 mins

Crunchy Sweet and Sour Stir-Fry

Cooking time

15 mins

Preparation time

15 mins

Curried Potatoes

Cooking time

30 mins

Preparation time

10 mins

Butternut Risotto with Rocket and Feta

Cooking time

25-30 mins

Preparation time

5 mins

Mediterranean Pasta Bake

Cooking time

35 mins

Preparation time

10 mins

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