

Mediterranean Pasta Bake RECIPE

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Cooking time 35 mins Preparation time 10 mins Serves

3

All the classic flavours of the Mediterranean combined into a wholesome pasta bake. A crowd pleaser for your next gathering.

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Ingredients

• 1 packet Royco® Creamy Cheese & Garlic Sauce

- 15 ml (1 Tbls) olive oil
- 1 onion, chopped
- 125 g mushrooms, sliced
- 1/2 red pepper, chopped
- 1/2 can diced tomato
- 1 ml oreganum
- fresh basil, chopped
- black pepper, to taste
- 120 g fusilli pasta, cooked
- 1/2 round feta cheese

Products used



Creamy Cheese & Garlic Pasta Sauce

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Vegetarian

This recipe is suitable for vegetarians.

Family Friendly

Pasta is always a hit with kids, and this bake is no different. Your little one can help by picking the basil leaves and crumbling the feta.

Method

1. 1.

Prepare Royco® Creamy Cheese & Garlic Sauce as per directions on pack. Heat oil & fry onion, mushrooms & red pepper.

2. 2.

Add tomato, oreganum & basil & cover.

3. 3.

Simmer for 15 minutes, stirring often.

4. 4

Add prepared sauce, pepper & fusilli.

5. 5.

Turn into a greased casserole dish.

6.6

Crumble feta cheese over top & bake at 180°C for 20 minutes.

7. 7.

Serve with garlic bread & a Greek salad.

Recipe Tags

Pasta Sauces, Plant-Based, Pasta

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Preparation time

20 mins

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