



Mediterranean Pasta Bake
RECIPE

Mediterranean Pasta Bake



Cooking time

35 mins

Preparation time

10 mins

Serves

3

All the classic flavours of the Mediterranean combined into a wholesome pasta bake. A crowd pleaser for your next gathering.

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Ingredients

- 1 packet Royco® Creamy Cheese & Garlic Sauce

- 15 ml (1 Tbls) olive oil
- 1 onion, chopped
- 125 g mushrooms, sliced
- 1/2 red pepper, chopped
- 1/2 can diced tomato
- 1 ml oreganum
- fresh basil, chopped
- black pepper, to taste
- 120 g fusilli pasta, cooked
- 1/2 round feta cheese

Products used



Creamy Cheese & Garlic Pasta Sauce

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Vegetarian

This recipe is suitable for vegetarians.

Family Friendly

Pasta is always a hit with kids, and this bake is no different. Your little one can help by picking the basil leaves and crumbling the feta.

Method

1. Prepare Royco® Creamy Cheese & Garlic Sauce as per directions on pack. Heat oil & fry onion, mushrooms & red pepper.
2. Add tomato, oreganum & basil & cover.
3. Simmer for 15 minutes, stirring often.
4. Add prepared sauce, pepper & fusilli.
5. Turn into a greased casserole dish.
6. Crumble feta cheese over top & bake at 180°C for 20 minutes.
7. Serve with garlic bread & a Greek salad.

Recipe Tags

[Pasta Sauces](#), [Plant-Based](#), [Pasta](#)

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20 mins

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15 mins

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Cooking time

7 mins

Preparation time

5 mins

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[Panzanella Salad](#)

Cooking time

10 mins

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5 mins

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[Crushed & Crunchy Rosemary Potatoes](#)

Cooking time

60 mins

Preparation time

15 mins

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Penne with a Mediterranean Touch

Cooking time

15 mins

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Chicken & Mushroom Tagliatelle

Cooking time

15 mins

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Chicken Tetrizini

Cooking time

35 mins

Preparation time

25 mins

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Lamb Ragu Lasagna

Cooking time

35 mins

Preparation time

20 mins

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Mushroom, Tomato & Red Wine Fusilli

Cooking time

20 mins

Preparation time

15 mins

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Spinach And Cheese Cannelloni

Cooking time

35 mins

Preparation time

20 mins

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