Meatballs in Tomato Sauce
RECIPE

Meatballs in Tomato Sauce

Cooking time	40 mins
Preparation time	15 mins
Serves	4

These baked meatballs in a rich tomato sauce can be served however you like - on rice or pasta, or on a soft hotdog roll at your next picnic dinner.

Ingredients

- Royco® Roast Meat Gravy
- ¼ onion, grated
- 800 g beef mince
- 2 x 400 g tins Tomato & Onion Mix

Vegetarian

Replace the beef meatballs with plant-based ready-made meatballs, or use dry veggie burger mix. Follow the instructions on pack but instead of making patties, make meatballs and pre fry. Add all the gravy to the sauce, and not to your meatball mixture.

Family Friendly

Kids will enjoy mixing and rolling the mince meat into balls. Make a sample meatball and get your little one to try and match the size and shape.

Method

1. Prepare the Royco® Roast Meat Gravy according to packet instructions, allow to cool.
2. Preheat the oven to 180°C. Place the onions, beef mince and 2 tbsp of the prepared Royco® Roast Meat Gravy into a bowl, mix together well and form mixture into meatballs.
3. Mix together the tinned tomatoes and remaining gravy, pour into an ovenproof dish, and add the meatballs and bake for 30-40 minutes or until browned. Season to taste.
4. Serve with rice.

Recipe Tags

Dry Gravies, Beef, Meat and Veg, Side, Light Meal

Related Recipes



Mushroom Pork Bangers & Creamy Mash

Cooking time

30 mins

Preparation time

15 mins

Beef Short Rib with Sweet Potato Bake

Cooking time

50 mins

Preparation time

20 mins

Curried Potatoes

Cooking time

30 mins

Preparation time

10 mins



Beef Olives With Roasted Garlic And Caper Mash

Cooking time

120 mins

Preparation time

50 mins

Creamy Spinach Stuffed Salmon

Cooking time

50 mins

Preparation time

20 mins

Pork Fillet with Spicy Pineapple Relish

Cooking time

10 mins

Preparation time

60 mins

Chicken & Mushroom Phyllo Pie

Cooking time

20 mins

Preparation time

15 mins

Chicken Pot Pies

Cooking time

40 mins

Preparation time

15 mins

Hake and Broccoli Bake

Cooking time

40 mins

Preparation time

10 mins

Beef Stew with Soft Dumpling

Cooking time

90 mins

Preparation time

30 mins

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