

Meatballs in Tomato Sauce RECIPE

Meatballs in Tomato Sauce



Cooking time 40 mins Preparation time 15 mins Serves

4

These baked meatballs in a rich tomato sauce can be served however you like - on rice or pasta, or on a soft hotdog roll at your next picnic dinner.

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Ingredients

- Royco® Roast Meat Gravy
- ¼ onion, grated
- 800 g beef mince
- 2 x 400 g tins Tomato & Onion Mix

Products used



Roast Meat Dry Gravy

View Product

Vegetarian

Replace the beef meatballs with plant-based ready-made meatballs, or use dry veggie burger mix. Follow the instructions on pack but instead of making patties, make meatballs and pre fry. Add all the gravy to the sauce, and not to your meatball mixture.

Family Friendly

Kids will enjoy mixing and rolling the mince meat into balls. Make a sample meatball and get your little one to try and match the size and shape.

Method

- 1. 1.
 - Prepare the Royco® Roast Meat Gravy according to packet instructions, allow to cool.
- 2. 2.
 - Preheat the oven to 180°C. Place the onions, beef mince and 2 tbsp of the prepared Royco® Roast Meat Gravy into a bowl, mix together well and form mixture into meatballs.
- 3. 3.
 - Mix together the tinned tomatoes and remaining gravy, pour into an ovenproof dish, and add the meatballs and bake for 30-40 minutes or until browned. Season to taste.
- 4. 4.
 - Serve with rice.

Recipe Tags

Dry Gravies, Beef, Meat and Veg, Side, Light Meal

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50 mins
Preparation time
20 mins

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10 mins

Preparation time

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Chicken Pot Pies

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40 mins

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10 mins

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Beef Stew with Soft Dumpling

Cooking time

90 mins

Preparation time

30 mins

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