



Roasted Butternut & Beetroot Salad
RECIPE

Roasted Butternut & Beetroot Salad



Cooking time

45 mins

Preparation time

15 mins

Serves

8

Perfectly roasted butternut & beetroot are the base of this colourful salad. Top with crunchy almonds and creamy feta for a super side dish or picnic dinner delight.

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Ingredients

- 1 butternut, peeled and cut into 2
- ½ cm chunks
- 30ml oil
- 1 packet Royco® Creamy Cheese & Bacon Potato Bake
- 5 medium fresh beetroot
- 1 pk rocket leaves
- 40g flaked almonds, toasted

Products used



Creamy Cheese & Bacon Bakes

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Sour Cream & Chives Bakes

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Vegetarian

Use Royco® Sour Cream and Chives Potato Bake instead to make this a delicious vegetarian salad.

Family Friendly

Get your little cook to complete the salad by sprinkling the almonds and crumbling the feta cheese.

Method

1. 1.
Preheat oven to 190°C
2. 2.
Toss the butternut cubes in oil, and then sprinkle with the contents of the packet of Royco® Creamy Cheese & Bacon Potato Bake. Roast in a single layer for 40-45 minutes.
3. 3.
Boil beetroots for 15-20 min until soft, then refresh in cold water. Rub off the skins and cut into wedges. Place rocket leaves on a platter, top with the dressed beetroot wedges, then the roasted butternut cubes.
4. 4.
Sprinkle the flaked almonds and feta over the top.

Recipe Tags

[Bakes Wedges](#), [Plant-Based](#), [Light Meal](#), [Salad](#)

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Preparation time

60 mins

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Sweet and Sour Hake Sandwiches

Cooking time

6 mins

Preparation time

20 mins

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Whole Baked Potatoes

Cooking time

70 mins

Preparation time

5 mins

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Cooking time

15 mins

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25 mins

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Cooking time

60 mins

Preparation time

10 mins

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The Ultimate Braai Broodjie

Cooking time

20 mins

Preparation time

15 mins

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Pork Chops with vegetable skewers

Cooking time

25 mins

Preparation time

15 mins

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