Roasted Butternut & Beetroot Salad

Cooking time	45 mins
Preparation time	15 mins
Serves	8

Perfectly roasted butternut & beetroot are the base of this colourful salad. Top with crunchy almonds and creamy feta for a super side dish or picnic dinner delight.

Ingredients

- 1 butternut, peeled and cut into 2
- ½ cm chunks
- 30ml oil
- 1 packet Royco® Creamy Cheese & Bacon Potato Bake
- 5 medium fresh beetroot
- 1 pk rocket leaves
- 40g flaked almonds, toasted

Vegetarian

Use Royco® Sour Cream and Chives Potato Bake instead to make this a delicious vegetarian salad.

Family Friendly

Get your little cook to complete the salad by sprinkling the almonds and crumbling the feta cheese.

Method

1. Preheat oven to 190°C
2. Toss the butternut cubes in oil, and then sprinkle with the contents of the packet of Royco® Creamy Cheese & Bacon Potato Bake. Roast in a single layer for 40-45 minutes.
3. Boil beetroots for 15-20 min until soft, then refresh in cold water. Rub off the skins and cut into wedges. Place rocket leaves on a platter, top with the dressed beetroot wedges, then the roasted butternut cubes.
4. Sprinkle the flaked almonds and feta over the top.

Recipe Tags

Bakes Wedges, Plant-Based, Light Meal, Salad

Related Recipes



Chicken Salad Stacks

Cooking time

10 mins

Preparation time

10 mins

Hot (or Not) Prego Rolls

Cooking time

15 mins

Preparation time

20 mins

Sticky Sesame Spareribs

Cooking time

50 mins

Preparation time

10 mins

Roasted Garlic & Lemon Lamb Kebabs on Couscous

Cooking time

15 mins

Preparation time

60 mins

Sweet and Sour Hake Sandwiches

Cooking time

6 mins

Preparation time

20 mins

Whole Baked Potatoes

Cooking time

70 mins

Preparation time

5 mins

Oriental Drumsticks

Cooking time

15 mins

Preparation time

25 mins

Tandoori Chicken on the Braai

Cooking time

60 mins

Preparation time

10 mins

The Ultimate Braai Broodjie

Cooking time

20 mins

Preparation time

15 mins

Pork Chops with vegetable skewers

Cooking time

25 mins

Preparation time

15 mins

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