



Fiesta Mince Bowl
RECIPE

Fiesta Mince Bowl



Cooking time 40 mins
Preparation time 10 mins
Serves 4

All the flavours of Mexico served in one delicious bowl. A tasty mince made with Royco Savoury Mince Cook-in Sauce, topped with tortilla chips, guacamole and salsa.

Ingredients

- 15ml oil
- 1 onion, finely chopped
- 2 tsp cumin powder
- 1 Tbsp smoked paprika
- 500g beef mince
- 1 x Royco Savoury Mince Dry Cook-In Sauce
- 1 x 400g tin chopped tomatoes
- 125ml water
- 1 x 400g tin red kidney beans, drained and rinsed
- Salt
- Pepper
- Tortilla chips
- Guacamole
- Tomato salsa
- Fresh coriander

Method

1. Heat the oil in a large pan over the stove top on a medium heat. Add the onion and fry for 5 minutes until soft, stirring often.
2. Add the cumin and smoked paprika, fry for a further 2 minutes.
3. Add the mince and stir, ensuring all the mince has browned.
4. Add the Royco Savoury Mince sachet, tin of chopped tomatoes and the water.
5. Stir to combine well, then allow to simmer on a gentle heat for about 30 minutes, until the sauce has thickened.
6. Add the drained kidney beans and season with salt and pepper.
7. Dish your mince into 4 bowls. Arrange a handful of tortilla chips on the side, followed

by a generous spoonful of guacamole and tomato salsa.
8. Garnish with fresh coriander.

Recipe Tags

[Beef](#), [Dry Cook In Sauce](#)

Related Recipes



[Mushroom Pork Bangers & Creamy Mash](#)

Cooking time

30 mins

Preparation time

15 mins



[Meatballs in Tomato Sauce](#)

Cooking time

40 mins

Preparation time

15 mins



Hake and Broccoli Bake

Cooking time

40 mins

Preparation time

10 mins



Beef Olives With Roasted Garlic And Caper Mash

Cooking time

120 mins

Preparation time

50 mins



Creamy Spinach Stuffed Salmon

Cooking time

50 mins

Preparation time

20 mins



Crunchy Sweet and Sour Stir-Fry

Cooking time

15 mins

Preparation time

15 mins



Chicken & Mushroom Phyllo Pie

Cooking time

20 mins

Preparation time

15 mins



Chicken Pot Pies

Cooking time

40 mins

Preparation time

15 mins



Beef Short Rib with Sweet Potato Bake

Cooking time

50 mins

Preparation time

20 mins



Pork Chops with vegetable skewers

Cooking time

25 mins

Preparation time

15 mins

Source URL: <https://www.royco.co.za/recipe/fiesta-mince-bowl>