

Homestyle Lamb Curry RECIPE

Homestyle Lamb Curry



Cooking time 30 mins Preparation time 20 mins Serves

4

Hearty and delicious Homestyle Lamb Curry cook in sauce that will have your family coming back for more.

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Ingredients

- 1 packet Royco® Durban Curry Cook-in Sauce
- 500g lamb cubes (or chicken)
- 30ml olive oil
- 1 can peeled tomatoes, chopped
- 1 tablespoon of crushed garlic and ginger
- 1 onion chopped
- 1 can of coconut milk
- 125ml water

Products used



Durban Curry Dry Cook-In Sauce

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Vegetarian

Replace the meat in this recipe with chunks of aubergine and cauliflower and follow the same instructions. Serve once the veggies are cooked through.

Family Friendly

To cool down the spiciness of a curry for your kids, add an extra dash of cream or dollop of yoghurt.

Method

1. 1.

Start by browning the meat well in the olive oil.

2. 2

Stir in your crushed garlic and diced onion.

3. 3.

Pour in your chopped tomatoes.

4. 4.

Add the Royco® Cook-in Sauce and the rest of your ingredients.

5. 5

Let it simmer until the meat is tender.

6. 6.

Enjoy with Naan bread.

Recipe Tags

Dry Cook In Sauce, Lamb, Curry, Meat and Veg

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Cooking time

15 mins

Preparation time

15 mins

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Sticky Sesame Spareribs

Cooking time

50 mins

Preparation time

10 mins

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