



Lamb and Potato Sticks

RECIPE

Lamb and Potato Sticks



Cooking time

15 mins

Preparation time

20 mins

Serves

6

Lamb mince and potato, crumbed and cooked until golden brown. These delicious sticks are a hit at picnics, on party platters and a novelty dinner that the family will love.

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Ingredients

- 500 g potatoes, peeled and quartered
- 40 g butter or margarine
- 1 pk Royco® Bolognaise Cook in Sauce
- 1 small tin tomato paste
- 500g lamb mince
- 1 egg, beaten
- 200 ml breadcrumbs
- 12 wooden kebab sticks, soaked
- 100 ml oil
- Chutney or tomato sauce

Products used



Bolognaise Wet Cook-In Sauce

[View Product](#)

Vegetarian

Replace the lamb mince in this recipe with your favourite plant-based mince. These make a great addition to a vegetarian picnic dinner.

Family Friendly

Little ones can get in on the dinner prep by mixing together all the ingredients, and coating the sticks in breadcrumbs.

Method

1. Boil the potatoes until completely soft, then mash, whilst hot, with the butter / margarine and the contents of the packet of Royco® Bolognaise Cook-In Sauce.
2. Add the tomato paste and lamb mince.
3. Divide mixture into 12, and shape each into a short sausages, about 5 cm long.
4. Brush each with egg and coat in bread crumbs. Skewer each onto the end of a wooden kebab stick.
5. To cook, fry the sticks in a large non-stick pan, in hot oil, until golden. Finish off in the oven at 180°C if not completely cooked through.
6. Serve with chutney or tomato sauce.
7. • Kids love these. Beef or ostrich mince can be used instead of lamb.

Recipe Tags

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Cooking time

60 mins

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40 mins

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Simple Savoury Mince Pasta

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20 mins

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Homestyle Lamb Curry

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Thai Green Curry

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Cooking time

10 mins

Preparation time

60 mins

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