Lamb and Potato Sticks

Cooking time	15 mins
Preparation time	20 mins
Serves	6

Lamb mince and potato, crumbed and cooked until golden brown. These delicious sticks are a hit at picnics, on party platters and a novelty dinner that the family will love.

Ingredients

- 500 g potatoes, peeled and quartered
- 40 g butter or margarine
- 1 pk Royco® Bolognaise Cook in Sauce
- 1 small tin tomato paste
- 500g lamb mince
- 1 egg, beaten
- 200 ml breadcrumbs
- 12 wooden kebab sticks, soaked
- 100 ml oil
- Chutney or tomato sauce

Vegetarian

Replace the lamb mince in this recipe with your favourite plant-based mince. These make a great addition to a vegetarian picnic dinner.

Family Friendly

Little ones can get in on the dinner prep by mixing together all the ingredients, and coating the sticks in breadcrumbs.

Method

1. Boil the potatoes until completely soft, then mash, whilst hot, with the butter / margarine and the contents of the packet of Royco® Bolognaise Cook-In Sauce.
2. Add the tomato paste and lamb mince.
3. Divide mixture into 12, and shape each into a short sausages, about 5 cm long.
4. Brush each with egg and coat in bread crumbs. Skewer each onto the end of a

wooden kebab stick.
5. To cook, fry the sticks in a large non-stick pan, in hot oil, until golden. Finish off in the oven at 180°C if not completely cooked through.
6. Serve with chutney or tomato sauce.
7. Kids love these. Beef or ostrich mince can be used instead of lamb.

Recipe Tags

Wet Cook In Sauce, Lamb, Side, Light Meal

Related Recipes

Cape Malay Beef and Cashew Nut Stir-Fry

Cooking time

10 mins

Preparation time

5 mins



Lamb Ragu Lasagna

Cooking time

35 mins

Preparation time

20 mins

Cheesy Chicken Pasta Bake

Cooking time

25-30 mins

Preparation time

15 mins

Spaghetti Bolognaise

Cooking time

60 mins

Preparation time

10 mins

Fiesta Mince Bowl

Cooking time

40 mins

Preparation time

10 mins



Simple Savoury Mince Pasta

Cooking time

20 mins

Preparation time

15 mins

Homestyle Lamb Curry

Cooking time

30 mins

Preparation time

20 mins



Chicken Sosaties

Cooking time

15 mins

Preparation time

30 mins

Thai Green Curry

Cooking time

20 mins

Preparation time

15 mins



Pork Fillet with Spicy Pineapple Relish

Cooking time

10 mins

Preparation time

60 mins

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