



Lamb Rogan Josh Curry
RECIPE

Lamb Rogan Josh Curry



Cooking time

35 mins

Preparation time

15 mins

Serves

4

An easy winter weeknight dinner that's as tasty as it is beautiful to plate. This Lamb Rogan Josh Curry can be turned into a special occasion with an array of sambals and naan bread.
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Ingredients

- 1 Royco© Lamb Rogan Josh Curry Wet Cook in sauce
- 500g Lamb Cubes
- 1 Chopped Onion
- 1 Tsp Crushed Garlic
- 1 Tsp Crushed Ginger

Products used



Rogan Josh Curry Wet Cook-In Sauce

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Vegetarian

Replace the lamb in this recipe with dry chickpeas that have been soaked overnight. Cooking the chickpeas in the aromatic curry sauce will turn up the flavour.

Family Friendly

To cool down the spiciness of a curry for your kids, add an extra dash of cream or dollop of yoghurt.

Method

1. 1.
Brown one finely chopped onion, 1 tsp chopped garlic & ginger in 1 Tbsp oil in a medium sized saucepan (+- 30 cm diameter)
2. 2.
Add lamb cubes and brown on medium heat. Pour Royco© Rogan Josh Curry Cook in sauce over and stir gently.
3. 3.
Simmer on low heat, stirring occasionally, until cooked and tender.
4. 4.
Add cream for a mild heat sauce
5. 5.
Add a chopped chilli for a hotter sauce

Recipe Tags

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Stir Fried Curried Beef, Rice and Greens

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Shake and Bake Butter Chicken

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45 mins

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Homestyle Lamb Curry

Cooking time

30 mins

Preparation time

20 mins

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Thai Green Curry

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Cape Malay Beef and Cashew Nut Stir-Fry

Cooking time

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5 mins

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Chicken Tikka Masala

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35 mins

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Butter Chicken Curry

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