



Lamb Rogan Josh Curry  
RECIPE

# Lamb Rogan Josh Curry



**Cooking time** 35 mins  
**Preparation time** 15 mins  
**Serves** 4

An easy winter weeknight dinner that's as tasty as it is beautiful to plate. This Lamb Rogan Josh Curry can be turned into a special occasion with an array of sambals and naan bread.

## Ingredients

- 1 Royco© Lamb Rogan Josh Curry Wet Cook in sauce
- 500g Lamb Cubes
- 1 Chopped Onion
- 1 Tsp Crushed Garlic
- 1 Tsp Crushed Ginger

## Vegetarian

Replace the lamb in this recipe with dry chickpeas that have been soaked overnight. Cooking the chickpeas in the aromatic curry sauce will turn up the flavour.

## Family Friendly

To cool down the spiciness of a curry for your kids, add an extra dash of cream or dollop of yoghurt.

## Method

1. Brown one finely chopped onion, 1 tsp chopped garlic & ginger in 1 Tbsp oil in a medium sized saucepan (+- 30 cm diameter)
2. Add lamb cubes and brown on medium heat. Pour Royco© Rogan Josh Curry Cook in sauce over and stir gently.
3. Simmer on low heat, stirring occasionally, until cooked and tender.
4. Add cream for a mild heat sauce
5. Add a chopped chilli for a hotter sauce

## Recipe Tags

[Curry Sauce](#), [Lamb](#), [Curry](#)

## Related Recipes



### [Butter Chicken](#)

Cooking time

45 mins

Preparation time

10 mins



### [Traditional Cape Malay Chicken Curry](#)

Cooking time

30 mins

Preparation time

20 mins



### [Spicy Lentil Curry](#)

Cooking time

45 mins

Preparation time

20 mins



### [Stir Fried Curried Beef, Rice and Greens](#)

Cooking time

10 mins

Preparation time

10 mins



## **Shake and Bake Butter Chicken**

Cooking time

45 mins

Preparation time

10 mins



## **Homestyle Lamb Curry**

Cooking time

30 mins

Preparation time

20 mins



## **Thai Green Curry**

Cooking time

20 mins

Preparation time

15 mins



## **Cape Malay Beef and Cashew Nut Stir-Fry**

Cooking time

10 mins

Preparation time

5 mins



## **Chicken Tikka Masala**

Cooking time

35 mins

Preparation time

15 mins



## **Butter Chicken Curry**

Cooking time

25 mins

Preparation time

15 mins

---

**Source URL:** <https://www.royco.co.za/recipe/lamb-rogan-josh-curry>