

Penne with a Mediterranean Touch RECIPE

Penne with a Mediterranean Touch



Cooking time
15 mins
Preparation time
15 mins
Serves

5

Penne pasta generously drenched in a sauce that encapsulates the flavours of the Mediterranean. This scrumptious dinner is taken up a notch with pine nuts and parmesan. Share

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Ingredients

- 500g penne
- 2 packets Royco® Cheese, Ham & Mushroom Pasta Sauce
- salted water
- 30 ml oil
- 1 red pepper, diced
- 90 ml sundried tomatoes, chopped
- 20 ml basil, chopped
- 60 ml pine nuts, roasted
- 15 g parmesan, grated

Products used



Cheese, Ham & Mushroom Pasta Sauce

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Four Cheese Pasta Sauce

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Vegetarian

Switch out the suggested sauce in this recipe with Royco® Four Cheese Pasta Sauce.

Family Friendly

Get your kiddo to put the finishing touches to each plate by sprinkling the portions with pine nuts and parmesan.

Method

1. 1.

Cook the penne in boiling, salted water until tender.

2. 2

Prepare the 2 packets of Royco® Cheese, Ham & Mushroom Pasta Sauce according to packet instructions.

3. 3.

Fry the red peppers in the oil for 1 minute.

4. 4.

Add the ROYCO® sauces, sundried tomatoes and basil leaves, simmer for 1 minute.

5. 5.

Divide the penne between 4-6 plates, top with the sauce. Sprinkle the pine nuts and parmesan over the top.

Recipe Tags

Pasta Sauces, Plant-Based, Pasta

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Cooking time

25-30 mins

Preparation time

5 mins

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Cooking time

30 mins

Preparation time

10 mins

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Simple Bacon Carbonara Pasta

Cooking time

20 mins

Preparation time

15 mins

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Salmon and Mushroom Pasta

Cooking time

10 mins

Preparation time
10 mins
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Cooking time
35 mins
Preparation time
15 mins
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Creamy Butter Chicken Pasta
Cooking time
20 mins
Preparation time
15 mins
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Creamy Chicken and Mushroom Risotto
Cooking time
25-30 mins
Preparation time
10 mins

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Four Cheese Frittata
Cooking time
15 mins
Preparation time
5 mins
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Mediterranean Pasta Bake
Cooking time
35 mins
Preparation time

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10 mins

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