

Quick and Easy Spicy Chicken Stew RECIPE

Quick and Easy Spicy Chicken Stew



Cooking time
30 mins
Preparation time
20 mins
Serves

1

This Spicy Chicken Stew is a winter warmer with subtle South African flavour. A one pot meal that is quick to prepare and post dinner clean up is a breeze.

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Ingredients

- 500g chicken thighs
- 1 packet Royco® 2in1 Spicy Chicken Stew Mix
- 1 chopped onion
- A sprig of thyme
- 1 teaspoon of crushed garlic
- 1 tablespoon of tomato paste
- 1 tablespoon of chutney
- 1 diced carrot
- 1 cup of chopped green beans
- 30ml olive oil
- 500ml water

Vegetarian

Replace the chicken in this recipe with chunks of butternut.

Family Friendly

Instead of using our Spicy Chicken Stew Mix, use Cream of Chicken Soup.

Method

1. 1.

Brown your chicken in olive oil.

2. 2

Add the Royco® 2in1 Spicy Chicken Stew Mix and the rest of the ingredients and stir well.

3. 3.

Pour in the water and let it simmer partly covered until the chicken is done and serve.

Recipe Tags

2 In 1 Stew Mix, Chicken, Stew

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One Pot Wonder

Cooking time

60 mins

Preparation time

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Peachy Chicken Casserole

Cooking time

90 mins

Preparation time

15 mins

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Beef Stew

Cooking time

60 mins

Preparation time

25 mins

View Recipe



Hearty Beef Stew

Cooking time

30 mins

Preparation time

30 mins

<u>View Recipe</u>



Oxtail Casserole

Cooking time

120 mins

Preparation time

15 mins

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Lamb Tray Tagine

Cooking time

180 mins

Preparation time

20 mins

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Rich and Tasty Beef Stew

Cooking time

90 mins

Preparation time

30 mins

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Beef Stew with Soft Dumpling

Cooking time

90 mins

Preparation time

30 mins

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African Style Tripe With Trendy Pap

Cooking time

150 mins

Preparation time

50 mins

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Umleqwa Served With Beans and Pap

Cooking time

90 mins

Preparation time

25 mins

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