Watermelon and Feta Salad
RECIPE

Watermelon and Feta Salad

Cooking time	10 mins
Preparation time	10 mins
Serves	4

In this refreshing summer salad, the saltiness of feta cheese contrasts beautifully with sweet, juicy watermelon. The perfect side dish for a light meal or a braai!

Ingredients

- 500g watermelon
- 400g feta cheese
- 1 x Royco® Roasted Garlic Dry Sauce – use 3 Tbsp (45ml)
- 250ml (1 cup) water
- 45ml (3 Tbsp) oil
- 1 onion, chopped
- 2.5ml (½ tsp) chilli flakes
- 15ml (1 Tbsp) honey
- 30ml (2 Tbsp) chopped fresh parsley, to garnish

Recipe developed for Royco by @leyfortskitchen

Cook's tips:

- Add a citrus twist: a drizzle of fresh lime or lemon juice enhances the flavours and adds a refreshing zing.
- Balance the sweetness and saltiness: adjust the feta cheese amount to taste.
- Optional herbs: fresh mint or basil can be added for extra flavour.

Method

1. Prepare the watermelon: remove the rind and cut the watermelon into cubes.
2. Prepare the feta: crumble the feta cheese into small pieces.
3. Make the sauce: mix 3 Tbsp (45ml) of the powder from the sachet of Royco® Roasted Garlic Dry Sauce with the water until smooth. Set aside.
4. Heat the oil in a pan and sauté the onions until soft, then pour in the prepared garlic sauce. Simmer for 4 minutes over a medium-low heat, then stir in the chilli flakes and

honey. Remove from the heat and allow to cool.
5. Arrange the salad: place the watermelon cubes and crumbled feta on a platter. Drizzle the sauce over the salad, or serve separately so your guests can add their own.
6. Sprinkle the chopped parsley over the salad and serve immediately.

Dry Sauces, Salad, Light Meal, Plant-Based

Related Recipes

Creamy Chicken and Pasta Bake

Cooking time

30 mins

Preparation time

20 mins

Macaroni Cheese with Tomato

Cooking time

30 mins

Preparation time

10 mins

Lamb Tray Tagine

Cooking time

180 mins

Preparation time

20 mins

Fiesta Mince Bowl

Cooking time

40 mins

Preparation time

10 mins

Ham, Mushroom and Cheese Bake

Cooking time

25 mins

Preparation time

10 mins



Butternut Risotto with Rocket and Feta

Cooking time

25-30 mins

Preparation time

5 mins



Bolognaise

Cooking time

30 mins

Preparation time

10 mins

Chicken & Mushroom Phyllo Pie

Cooking time

20 mins

Preparation time

15 mins

Penne with a Mediterranean Touch

Cooking time

15 mins

Preparation time

15 mins

Lamb Ragu Lasagna

Cooking time

35 mins

Preparation time

20 mins

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