

Roasted Garlic & Lemon Lamb Kebabs on Couscous RECIPE

# Roasted Garlic & Lemon Lamb Kebabs on Couscous



Cooking time
15 mins
Preparation time
60 mins
Serves

4

Succulent lamb kebabs infused with flavour thanks to Royco® Garlic Steak Marinade and fresh aromatics. Served on a bed of couscous to make a complete meal. Share

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## **Ingredients**

- 1 head of garlic
- 1 packet Royco® Garlic Steak Marinade
- juice and zest of 1 lemon
- 500 g lamb, cubed
- 8 wooden skewers, soaked in water for 20 minutes
- 1 1/2 cups couscous
- 1 Tbls chopped fresh mint

Products used



Garlic Steak Dry Marinade

#### **View Product**

#### Vegetarian

Replace the lamb in this recipe with a cubes of aubergine and red pepper. Cook slowly over the coals to ensure that the cubes are cooked through.

## **Family Friendly**

Cut smaller cubes of lamb for your kid's kebabs to make it easy to eat straight off the stick.

## **Method**

1. 1.

Preheat oven to 200°C.

2. 2.

Wrap head of garlic in foil and bake in oven for 30 mins or until soft. Remove from oven, unwrap and cool.

3. 3.

Prepare the Royco® Garlic Steak Marinade according to pack instructions and add lemon juice and zest.

4. 4.

Squeeze the soft garlic cloves into marinade mixture.

5. 5.

Marinate the lamb cubes for 20 mins then thread onto wooden skewers.

6. 6.

Grill or braai kebabs for 10-15 mins, basting regularly.

7. 7.

Prepare couscous according to instructions and stir in the mint.

8. 8.

Serve with a side salad or Mediterranean vegetables.

## **Recipe Tags**

**Dry Marinades**, Lamb

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Cooking time

40 mins

Preparation time

10 mins

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Cooking time

90 mins

Preparation time

30 mins

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## **Lamb & Tomato Potjie**

Cooking time

120 mins

Preparation time

15 mins

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Cooking time

45 mins

Preparation time
15 mins
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25 mins
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15 mins
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5 mins

Preparation time

Preparation time	
20 mins	
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Cooking time	

Preparation time

15 mins

15 mins

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Cooking time

75 mins

**Stuffed Cabbage Rolls** 

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